

Understand your lifetime risk to better manage your breast health



Now offering the **Tyrer-Cuzick Breast Cancer Risk Assessment** with every screening mammogram

Insight

This complimentary assessment will estimate your lifetime risk of developing breast cancer.

You will receive your results today.

Accuracy

You will fill out a questionnaire that asks specific questions about your health history and family history. The results are given as a percentage and are calculated by a computer program.

Benefit

The Tyrer-Cuzick model is recognized by physicians nationwide as a valuable tool to help identify women who may benefit from supplemental screenings or other clinical interventions and assessments.

Peace of Mind

Understanding your risk will help you and your provider tailor a screening protocol just for you. Risk-based screening puts you in charge of your breast health.

Results and recommendations by risk category:

Average Risk: Less than 15%

Continue annual screening mammograms and monthly breast self-exams.

Intermediate Risk: 15% to 19%

Continue with annual screening mammograms and monthly breast self-exams. We encourage you to talk with your healthcare provider about your results because your risk score is slightly higher than the general population.

High Risk: Greater than 20%

We encourage you to talk to your healthcare provider about supplemental breast screening in addition to an annual screening mammogram.

Breast MRI is often covered by insurance for high-risk patients. Having a high-risk score does not mean that you will develop breast cancer, but your score is higher than the general population. It's important to know that every woman has a certain level of risk of developing breast cancer over time.

The Tyrer-Cuzick Breast Cancer Risk Assessment estimates whether a patient is more likely than the general population to develop breast cancer within their lifetime. No test or model can predict the future development of breast cancer with 100% accuracy. For more information, please speak with your healthcare provider.

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