

Early Detection by the Numbers

CELEBRATING MEN'S HEALTH MONTH

Four Health Screenings Every Man Over 40 Should Know About

Early detection is the key to early intervention and better health.



AGE 45

Virtual Colonoscopy CT

Begin conventional colorectal screening at 45 and every 10 years following, with a virtual colonoscopy screening every 5 years.

Safe, less invasive colon screening without the complications of conventional colonoscopy.



IF AT RISK

Cardiac Calcium Scoring CT

Work with your physician to determine if you are at moderate risk for heart disease and if this test is appropriate for you.

Delivers a life-saving score based on the amount of calcium found in each artery.



AGE 50

Lung Screening CT

For men between the ages of 50 and 80 who are current or former smokers and who have a smoking history of at least 20-pack years, and with no history of lung cancer.

No contrast, noninvasive, low dose CT exam that is superior to traditional X-ray.



AGE 70

Bone Density Screening

Begin regular screenings at the age of 70, or younger upon the advice of your physician.

Bone densitometry, also known as DXA, is the gold standard for diagnosing men who have or who are at risk for osteoporosis.

Discuss our screening recommendations with your physician and stay on top of your health.

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